

# **NSBEP Email Update for Registrants**

Welcome to the most recent update from NSBEP.

This is a regular update of subject matters relevant for registrants. Since registrants are expected be knowledgeable of and up-to-date on policies, guidelines and matters relevant to practice and registration, please ensure that you review the following information.

In this update:

- Update on the Government's Mental Health and Addictions Insured Services Program
- Senior Position: Clinical Coordinator, MHA Insured Services
- Keeping Your Contact Information Current
- Update regarding Employer Contact & Supervision Forms

# 1) Update on the Government's Mental Health and Addictions Insured Services Program

The Nova Scotia government has announced the upcoming Mental Health and Addictions (MHA) Insured Services Program, scheduled to launch in Spring 2025 as part of its Universal Mental Health and Addictions Care strategy. This program aims to address mood and anxiety disorders by contracting private sector clinicians—such as Registered Psychologists, Counselling Therapists, and Social Workers—to supplement public healthcare services, with access continuing through the Provincial Intake line (1-855-922-1122). The government states this will expand care options for Nova Scotians without out-of-pocket costs.

Details on the program's structure and rollout are included in the following <u>FAQ from the government</u>.

## 2) Senior Position: Clinical Coordinator, MHA Insured Services

We have been asked to share an opportunity for psychologists in private practice in Nova Scotia.

The Office of Addictions and Mental Health has posted a senior position within the MHA Insured Services program: Clinical Coordinator: Mental Health and Addictions Insured Services Program.

This role offers a chance to take on a leadership position in the delivery of mental health and addictions services in our province.

Application Deadline: March 26, 2025, at 11:59 PM AST

For full details and to apply, please visit:

https://morethanmedicine.ca/clinical-coordinator-mental-health-and-addictions-insured-services-program

#### 3) Keeping Your Contact Information Current

Timely communication with registrants is a priority for NSBEP. Under Board Policy and provincial legislation, registrants are required to keep their contact information up to date, including their primary mailing address, phone number, and email address. If any of this information changes, please notify NSBEP within 30 days so we can continue to reach you effectively. Should information sent to a registrant be returned due to outdated details, a \$100 processing fee may apply. As a reminder, both a primary mailing address and an email address are required. Thank you for helping us stay connected!

### 4) Employer Contact Policy Update for Candidate Register Supervision:

Employer Contact has proven to be a valuable tool for reviewers in evaluating a candidate's progress during supervision and readiness for the oral exam. To enhance this process, the following changes have been implemented:

- Minimum Contacts: All candidates are now required to have at least one Employer Contact per year.
- Additional Specific Contacts:
  - One Employer Contact must be completed within the first three months of candidacy.
  - Another Employer Contact is required within the three months prior to requesting an oral exam.

This policy change ensures that candidates receive more frequent and timely evaluations, potentially leading to more than the minimum one Employer Contact per year for some.

#### **Access to Updated Forms:**

The updated Supervision Forms reflecting these changes are now available on our website. You can access these forms at:

https://www.nsbep.org/information-for-registrants/for-candidate-registrants/supervision-processforms/

Best regards,

Nova Scotia Board of Examiners in Psychology

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