

## Nova Scotia Board of Examiners in Psychology Learning Objectives and Year End Review Form - 2018 Revision

Name:  
Registration #  
Year Reporting

Step One. At the Beginning of the year, in the first column, identify your Learning Objectives for the different Core Competencies. Psychologists are expected to establish learning objectives in at least 3 of the 5 Core Competency areas each year. Additionally, over a 3-year period, Psychologists are encouraged to establish learning objectives for all 5 Core Competency areas.

Steps Two to Four can be done through the year, as activities are completed, or at the end of the year.

Step Two. Enter your Continuing Competency **activities** in the second column, in the section for the Core Competency that relates to the activity.

Step Three. In the third column, indicate whether you have any supporting documentation for the activity (not all activities require supporting documentation – see the [Listing of Continuing Competence Activities and Credit Values](#)).

Step Four. For **each** activity, use **ONE** of the remaining columns (in the section labeled “# of Credits Claimed in each Activity”) to identify the number of credits you are claiming for that activity. Place the credits in the **ONE** column that identifies the type of activity (e.g., Peer consultation, Practice Outcome monitoring, Professional Activities, etc.) that you entered in the second column.

Step Five. At the end of the year, in the bottom “Subtotals” row of each of the 5 Core Competency and Learning Objectives sections, subtotal the number of credits you claimed for each type of activity.

Step Six. Transfer the subtotals for each of the 5 Core Competency and Learning Objectives sections to the relevant lines on the **Credit and Activity Summary Sheet**.

Step 7. Total the number of credits you are claiming for each type of activity. If the number of credits you are claiming for an activity is less than or equal to the maximum number of credits allowed for that activity, then enter it on the bottom line of the Credit and Activity Summary Sheet under the relevant type of activity. If the number of credits you identified for an activity is greater than the maximum allowed, enter only the maximum credit.

Step 8. Add up the number of allowed credits for each activity (i.e. the credits entered on the bottom row of the **Credit and Activity Summary Sheet** and place the total in the Total Credits box. To meet the requirements of the Continuing Competency program, your total Credits should be 20 or greater. The Board encourages registrants to include a few extra credits, in case there are any questions about the credit weight of any activity. However, not every Continuing Competence activity carried out by psychologists needs to be listed.

List Learning Objectives, List Activities, and Indicate Number of Credits Claimed Per Activity			# of Credits Claimed in each Activity												
Core Competency & Learning Objectives	Activity	Documentation? Y or N	Peer consultation	Practice outcome monitoring	Professional activities	Sitting on a Board as Psy rep.	Sup. of NSBEP candidates	Sup. of psych grad students	Conferences/conventions	Academic courses (taking)	Instruction	Publication/submission	Workshops/webinars	Self-directed learning	Board certification
<b>Assessment &amp; Evaluation</b>  <i>Learning Objectives:</i>															
	Subtotals (Add Columns):														

List Learning Objectives, List Activities, and Indicate Number of Credits Claimed Per Activity			# of Credits Claimed in each Activity												
Core Competency & Learning Objectives	Activity	Documentation? Y or N	Peer consultation	Practice outcome monitoring	Professional activities	Sitting on a Board as Psy rep.	Sup. of NSBEP candidates	Sup. of psych grad students	Conferences/conventions	Academic courses (taking)	Instruction	Publication/submission	Workshops/webinars	Self-directed learning	Board certification
<b>Intervention &amp; Treatment</b>  <i>Learning Objectives:</i>															
	Subtotals (Add Columns):														

List Learning Objectives, List Activities, and Indicate Number of Credits Claimed Per Activity			# of Credits Claimed in each Activity												
Core Competency & Learning Objectives	Activity	Documentation? Y or N	Peer consultation	Practice outcome monitoring	Professional activities	Sitting on a Board as Psy rep.	Sup. of NSBEP candidates	Sup. of psych grad students	Conferences/conventions	Academic courses (taking)	Instruction	Publication/submission	Workshops/webinars	Self-directed learning	Board certification
<b>Research</b>  <i>Learning Objectives:</i>															
	Subtotals (Add Columns):														

List Learning Objectives, List Activities, and Indicate Number of Credits Claimed Per Activity			# of Credits Claimed in each Activity												
Core Competency & Learning Objectives	Activity	Documentation? Y or N	Peer consultation	Practice outcome monitoring	Professional activities	Sitting on a Board as Psy rep.	Sup. of NSBEP candidates	Sup. of psych grad students	Conferences/conventions	Academic courses (taking)	Instruction	Publication/submission	Workshops/webinars	Self-directed learning	Board certification
<b>Ethics &amp; Standards</b>  <i>Learning Objectives:</i>															
	Subtotals (Add Columns):														

List Learning Objectives, List Activities, and Indicate Number of Credits Claimed Per Activity			# of Credits Claimed in each Activity												
Core Competency & Learning Objectives	Activity	Documentation? Y or N	Peer consultation	Practice outcome monitoring	Professional activities	Sitting on a Board as Psy rep.	Sup. of NSBEP candidates	Sup. of psych grad students	Conferences/conventions	Academic courses (taking)	Instruction	Publication/submission	Workshops/webinars	Self-directed learning	Board certification
<b>Interpersonal Relationships</b>  <i>Learning Objectives:</i>															
	Subtotals (Add Columns):														

CREDIT CALCULATION  
CREDIT AND ACTIVITY SUMMARY SHEET  
Transfer subtotals from previous pages

Core Competency	Peer consultation	Practice outcome monitoring	Professional activities	Sitting on a Board as Psy rep.	Sup. of NSBEP candidates	Sup. of psych grad students	Conferences/conventions	Academic courses (taking)	Instruction	Publication/submission	Workshops/webinars	Self-directed learning	Board certification	
Assessment & Evaluation														
Intervention & Treatment														
Research														
Ethics & Standards														
Interpersonal Relationships														TOTAL CREDITS
Credits Achieved/Max Allowed	/10	/5	/10	/5	/12	/6	/10	/10	/10	/10	/10	/10	/20	

For Office Use Only	1. Learning Objectives in at least three Core Competency				Y	N
2, At least 20 credits?    Y    N	3. Documentation included where necessary?				Y	N