

Nova Scotia Board of Examiners in Psychology

Continuing Competence Activities and Credit Values

Minimum 20 credits required each year to maintain registration status

Continuing Competency Activity	Maximum # of Credits Allowed each Renewal Period	Value of Credits by Activity	Information / Verification Required
1. Peer Consultation (case consultation, journal clubs, grand rounds, regional research groups, mentoring, shadowing a colleague)	10	1 hour = 1 credit	Outline on your Continuing Competence Form, the date, duration, and general area of discussion and/or name of presenter and topic presented.
2. Practice Outcome Monitoring (assessing patient/client outcomes via questionnaire)	5	10 patients/clients = 1 credit	Reference on your Continuing Competence Form, what tool you have used to complete practice outcome monitoring and the number of patients.
3. Professional Activities: <ul style="list-style-type: none"> Serving on the executive of a psychological association Serving on the board of a psychology regulatory body Serving on a committee of a 	10	1 year of serving on the executive of a psychology Board / Association = 5 credits 2 credits per psychological association committee	State on your Continuing Competence Form, the name of board / committee and dates served.

psychological association • Serving on a committee of NSBEP		1 credit per NSBEP Oral Exam / Transfer Interview Committee 2 credits per NSBEP Investigation Committee	
4. Sitting on a Board as a representative of Psychology (positions that: a. require a psychologist or b. psychologists sit on in order to bring their related expertise)	5	1 year = 5 credits	State on your Continuing Competence Form, the name of board and dates served
5. Supervision of NSBEP Candidates	12	1 hour = 1 credit	State on your Continuing Competence Form, the number of candidates supervised and names
6. Supervision of psychology graduate students (e.g. thesis, comprehensive students; psychology interns and practicum students; post doctoral fellows; medical residents)	6	1 Intern, Student or Resident = 4 credits	State on your Continuing Competence Form, the name and type of supervisee (in order to qualify for this credit, supervision should be regular and ongoing)
7. Conferences/Conventions (attendance time)	10	1 credit per session (e.g. keynote, theory review,	State on your Continuing Competence Form, the name of each conference session attended, along with date and duration.

		conversation hour, symposium, oral presentation, poster session) 1 session = 1 hour	
8. Academic Courses (Graduate-level course from a recognized institution related to psychologist's discipline)	10	1 course = 10 credits	Submit a transcript showing the completed course
9. Instruction (teaching a course in a recognized institution, full day workshop presentation) – only counts first time teaching or presenting)	10	10 credits per course / full day workshop. 2 credits per lecture, etc.: <ul style="list-style-type: none"> • lectures, • seminars, • public presentations • conference presentations 	State on your Continuing Competence Form, the topic, date and duration of lectures, seminars or public presentations.
10. Publication / grant submission / review of journal or grant submission (writing for peer-reviewed publications, book chapter – one submission can only be counted once, reviewing book chapters, peer review	10	1 publication = 5 credits 1 grant submission (as primary investigator) = 3 credits	For publications, state on your Continuing Competence Form, the title of the article and the publication information. For grant submission, state on your Continuing Competence Form, the title of the grant and where it was submitted. For review of publications or grant applications, state on your

of journal submission or grant submission)		1 peer review of journal submission / book chapter / grant application = 1 credit	Continuing Competence Form, the title and the journal or agency that requested the review.
11. Workshops / Webinars / Online Learning	10	1 hour = 1 credit	State on your Continuing Competence Form, the name of the workshop or webinar along with the name of the presenter, date and duration.
12. Self-directed learning (reading, videos)	10	1 hour = 1 credit	State on your Continuing Competence Form, the name of the book, chapter or title of what was read/viewed.
13. Board Certification (e.g. American Board of Professional Psychology - can count for 100% of required Continuing Competency requirements in the year)	20	Certification awarded = 20 credits	Submit a copy of the certificate provided upon successful completion of the certification process

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Revisions to Continuing Competence Activities and Credit Values Table:

November 28, 2018

November 29, 2017

December 1, 2016

September 11, 2015

December 17, 2014

March 9, 2012

February 3, 2012

November 22, 2011