



Nova Scotia Board of Examiners in Psychology

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Independent Practice Restriction and Guidance

The Board has recently had the opportunity to review several scenarios in private practice related to its [Policy Involving Restrictions on Independent Practice](#). Consequently, the NSBEP provides the following guidance.

In addition to providing workplace support, the NSBEP looks to have a Workplace Supervisor whom clients can contact regarding potential concerns about the candidate's practice. Clients should be advised of this option during the informed consent process. It is also important that the Workplace Supervisor is able to provide feedback to the Candidate's NSBEP Supervisor when the Supervisor reaches out for employer contact. The Candidate's Workplace Supervisor should therefore be privy to client feedback and potential client concerns that they could share with the Candidate's NSBEP Supervisor.

Candidates should include the name of the Workplace Supervisor and their NSBEP supervisor as part of their informed consent process. Some clients may be reluctant to come to a Workplace Supervisor, and identifying the NSBEP supervisor provides another pathway, if there are concerns. Related advice is also provided in the following guidance documentation.
https://www.nsbep.org/downloads/Grievance_Policy.pdf

The practice setting is free to develop a Grievance brochure that outlines resolution options of whom can be approached if a client has concerns (e.g., the practice could develop a flowchart or graphic to help clients interpret the process). Contacting the NSBEP Supervisor may be just one of several options.

With all of the above in mind, the Board wants to ensure there are arrangements that fully support the candidate's practice during the period of candidacy when there is an independent practice restriction in place.

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