

## Psychological Practice Profile Instructions

Part A asks about your employment status and setting(s). Please indicate whether your employment status is full or part time. Those working part time please indicate how many hours per week. Then check the applicable practice setting (s) in which you are employed.

Part B of the Psychological Practice Profile asks you to check the areas of your psychological practice and estimate the percentage of time you spend working in each area. For instance, if you spend four days per week engaged in clinical work and one day per week doing research, you would check #1, Clinical, and #5, Research. You would then write in 80% for Clinical and 20% for Research. The total percentage of time should add up to 100%.

Part C of the Psychological Practice Profile asks you to indicate the activities and services you provide within the areas of practice indicated in Part B. For instance, if your clinical work involves Consultation, Assessment/Evaluation, and Intervention/Treatment with Adults you would enter #1 in the appropriate boxes for Adults. Likewise, if your research was with adults, you would enter #5 in the box corresponding to Research and Adults.

### Some Clarifications

Should clarification be desired regarding *psychological practice definitions*, it can be obtained from the Board's website via the following link:

[http://www.nsbep.org/downloads/Appropriate\\_Practice\\_Areas.pdf](http://www.nsbep.org/downloads/Appropriate_Practice_Areas.pdf)

Within the category of *Administration*, NSBEP is asking about the time spent by psychologists who hold a position in which they manage a psychological service unit (versus general clerical work such as paperwork, etc.). Time spent on clerical work should be captured but assigned to the corresponding activity category. For instance, if you are completing paperwork in relation to some assessments you have completed, this should be entered in the *Assessment* category.

Within the category of *Consultation*, NSBEP is interested in the time spent completing any work done on behalf of or at the request of another health professional. For instance, a GP might be concerned that one of his patients is depressed, and asks for your opinion. The time spent talking to the GP to clarify the concerns and time providing feedback after seeing the patient would be entered under *Consultation*.

With the category of *Assessment*, NSBEP is interested in the time you spend completing both psychometric assessment and non-psychometric assessment function, i.e. in order to provide an understanding which informs a practical plan of action.

Within the category of *Formal Research*, NSBEP is interested in capturing the time you spend completing formal research work (versus the time spent developing and maintaining competence). Time spent developing and maintaining competence, etc. should be captured but assigned to the corresponding activity category. For example, time spent reviewing literature on interventions would be entered in the *Intervention/Treatment* category.

The categories of *Formal Research & Academic (teaching psychology)* are included in Section C of the Psychological Practice Profile so that the corresponding populations can be tracked.

**PSYCHOLOGICAL PRACTICE PROFILE**

**A. Please affirm your overall employment status and all practice setting (s).**

Overall I am employed: Full-time  Part-time  Not currently working

If employed part-time, how many hours per week do you average?: \_\_\_\_\_

**In the area below, please check the applicable practice setting(s) in which you are employed.**

Private Practice	Community Agency	Hospital	School
Counselling Centre	University/College	Government	Other

**B. In the area below, check the applicable area(s) of your psychological practice<sup>1</sup> and indicate the percentage of your time spent working in the area(s).**

1. Clinical Psychology		5. Formal Research	
2. Counselling Psychology		6. Academic (teaching psychology)	
3. School Psychology		7. Industrial/ Organizational Psychology	
4. Forensic/ Correctional Psychology		8. Clinical Neuropsychology	

**C. Once you have indicated your area(s) of practice, use the corresponding numbers to identify in the below table the activities and services you provide and the clients to whom you provide these services.**

Clients	Administration	Consultation	Assessment/ Evaluation	Intervention/ Treatment	Formal Research	Academic (teaching psychology)
Infants						
Children						
Adolescents						
Adults						
Elderly						
Families						
Couples						
Organizations						

\_\_\_\_\_ Print Name

\_\_\_\_\_ Date

\_\_\_\_\_ Registrant's Signature

<sup>1</sup> The Board recognizes that subspecialty areas of practice are evolving (e.g. Health Psychology, etc.) but such areas should correspond with the broader practice areas (e.g. Clinical Psychology).