

**EXAMPLE OF COMPLETED CONTINUING COMPETENCE SUBMISSION**  
**Nova Scotia Board of Examiners in Psychology**  
**Learning Objectives and Year End Review Form - 2018 Revision**

List Learning Objectives, List Activities, and Indicate Number of Credits Claimed Per Activity			# of Credits Claimed in each Activity												
Core Competency & Learning Objectives	Activity	Documentation? Y or N	Peer consultation	Practice outcome monitoring	Professional activities	Sitting on a Board as Psy rep.	Sup. of NSBEP candidates	Sup. of psych grad students	Conferences/conventions	Academic courses (taking)	Instruction	Publication/submission	Workshops/webinars	Self-directed learning	Board certification
			<b>Assessment &amp; Evaluation</b>  <b>Learning Objectives:</b>  Increase awareness of current measures used in the assessment of PTSD	Peer Consultation: Assessment Measures; Presented by J. Doe. February 9; 1 hours		1									
	Peer Consultation March 19; Assessment Measures for use with adolescents; discussed with colleagues A. Person and Ann Other. 2 hours		2												

	Peer Consultation July 20; PTSD Assessment Measures that influence intervention; Discussion led by J. Doe. 2 hours	2													
	Self – directed learning: Book Chapter: Smith, A. (2019). PTSD assessment in an inpatient setting. In M.J. Young & E.A. Old (Eds.), Assessment and Treatment Planning for PTSD (4 <sup>th</sup> ed., pp. 81- 123). Guilford Books. 2 hours												2		
	Article: Green, G. & Black, A. & (2018) Are Canadian Norms for PTSD measures needed?. <i>Canadian Journal of PTSD</i> , 15, 32-44. 1 hours												1		
	Self – directed learning: Book Chapters 1, 2, 3  Anybody, T. (2018). Trauma – Assessment Approaches, pp.												2.5		

	1-79. McGraw Hill Publishing. 2.5 hours														
	Subtotals (Add Columns):		5											5.5	

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			<b>Intervention &amp; Treatment</b>  <b>Learning Objectives:</b>  Increase intervention skills in the treatment of PTSD	Self – directed learning: Book Chapters 4, 5, 6  Jones, B. (2017). Novel Treatment Approaches for PTSD, pp. 75-146. McGraw Hill Publishing. 3 hours											
	Webinar: Presenter, D. (2020, November 5). <i>How to engage clients in assessment</i> . ACRLN Annual Convention, Chicago, IL . <a href="https://www.youtube.com/watch?v=HuuYvqt-g7_Y">https://www.youtube.com/watch?v=HuuYvqt-g7_Y</a>  One and a half hours.												1.5		

	Peer Consultation: PTSD Interventions with first responders; discussed with colleagues A. Person and Ann Other. May 21; 2 hours		2												
	Article: Black, A. & Green, G. (2020) Evidenced Based Interventions versus Evidence Informed Practice in Interventions. <i>Canadian Journal of PTSD</i> , 17, 104-119. 1 hours												1		
	Online article: Everyone, F.G. (2021). Intervention with multi-incident trauma. Retrieved January 28 <sup>th</sup> , 2021, from: <a href="http://awebsite.com/factsheets/PTSD_EF.pdf">awebsite.com/factsheets/PTSD_EF.pdf</a> 2 hours												2		
	Subtotals (Add Columns):		2									1.5	6		

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			<b>Research</b>												
<b>Learning Objectives:</b>															
No Goals set in the area of Research this year; objectives will be set in this category next year.															
	Subtotals (Add Columns):														

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			<b>Ethics &amp; Standards</b>  <b>Learning Objectives:</b>  Opening a private practice, increasing awareness of ethical issues and dilemmas that often come up in private practice.	APNS Workshop: Identifying and Avoiding Boundary Issues; Presented by Z. Zones June 22; Halifax, NS 4 hours											

	Subtotals (Add Columns):													4		
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CREDIT CALCULATION

CREDIT AND ACTIVITY SUMMARY SHEET

Transfer subtotals from previous pages

<b>Core Competency</b>	Peer consultation	Practice outcome monitoring	Professional activities	Sitting on a Board as Psy rep.	Sup. of NSBEP candidates	Sup. of psych grad students	Conferences/conventions	Academic courses (taking)	Instruction	Publication/submission	Workshops/webinars	Self-directed learning	Board certification	
Assessment & Evaluation	5											5.5		
Intervention & Treatment	2										1.5	6		
Research														
Ethics & Standards											4			
Interpersonal Relationships														TOTAL CREDITS

Credits Achieved/Max Allowed	7 /10											5.5 /10	10 /10			22.5
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SUBMISSION CHECKLIST

For Office Use Only			1. Learning Objectives in at least three Core Competency	Y	N
2, At least 20 credits?	Y	N	3. Documentation included where necessary?	Y	N