

Nova Scotia Board of Examiners in Psychology
Continuing Competence Activities and Credit Values
Minimum 20 credits required each year to maintain registration status

Continuing Competency Activity	% Allowed toward Renewal Requirements of 20 Credits	Maximum # of Credits Allowed each Renewal Period	Value of Credits by Activity
Professional			
1. Peer Consultation (case consultation groups, journal clubs, regional research groups, mentoring, shadowing a colleague)	50	10	1 hour = 1 credit
2. Practice Outcome Monitoring (assessing patient/client outcomes via questionnaire)	50	10	1 patient/client = 1 credit
3. Professional Activities (serving on psychological association boards or committees or board member of regulatory body)	25	5	1 year = 5 credits
4. Sitting on a Board as a representative of Psychology (positions that: a. require a psychologist or b. psychologists sit on in order to bring their related expertise)	25	5	1 year = 5 credits
5. Supervision of NSBEP Candidates	30	6	1 Candidate = 2 credits
6. Supervision of psychology graduate students (e.g. thesis, comprehensive students); psychology interns and practicum students; post doctoral fellows; medical residents	30	6	1 Intern, Student or Resident = 2 credits
7. Conferences/Conventions (attendance time)	10	2	1 conference day = 1 credit
Academic			
8. Academic Courses (Graduate-level course from			

a recognized institution related to psychologist's discipline)	50	10	1 course = 10 credits
9. Instruction (teaching a course in a recognized institution, full day workshop presentation) – only counts first time teaching or presenting)	50	10	1 course/1 full day workshop = 10 credits [partial credit for individual lectures, seminars, and public presentations – 1 credit per lecture, etc.]
10. Publications (writing for peer-reviewed publications, book chapter, must be 1 st , 2 nd or 3 rd author, or editor or coeditor of publication)	50	10	1 publication = 5 credits
Continuing Education			
11. Workshops (typically linked to one's learning plan and must require participation.)	50	10	1 hour = 1 credit
12. Self-directed learning (reading, videos, unsponsored activities)	30	6	1 hour = 1 credit
Board Certification			
13. Board Certification (e.g. American Board of Professional Psychology - can count for 100% of required Continuing Competency requirements in the year)	100	20	Certification awarded = 20 credits

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Appendix B Revisions:
November 22, 2011
February 3, 2012
March 9, 2012